

Free **CHLAMYDIA** testing for 15 to 24-year-olds

WHAT IS IT:

Chlamydia is one of the most common sexually transmitted infections (STIs) in the UK.

HOW TO TEST:

All you need to do is fill in a short form and give us a urine sample or a self-swab (females only). You don't need to be examined.

WHY TEST:

Chlamydia is known as the 'silent' infection because it often has no symptoms. The only way to know if you have an STI is to get tested.

The infection can be passed on through any form of unprotected sexual contact (without a condom). If you are sexually active you could be at risk of catching chlamydia and other STIs.

WHEN TO TEST:

If you are sexually active, it is recommended to test:

- if you have never tested before
- if you have not tested for in over a year
- if you have had sexual contact with a different person since you last tested.

Ask a member of staff for your **QUICK, FREE, PAINLESS** and **CONFIDENTIAL** test today.

Or order a free home test at:

<http://www.sexualhealthbucks.nhs.uk>